

Background;

The HWB obesity subgroup was established in November 2014, and has met on 5 occasions to set and deliver the following short term goals to work towards a healthy weight for all in Bromley. The Healthy Weight Forum (HWF) consisting of key partners was set up to deliver the objectives of the obesity subgroup which has prioritised the following actions agreed by the HWB;

Objectives of the Healthy Weight Forum;

- Develop a Healthy Weight Pathway from Healthy Weight to Morbidly Obese.
- Provide evidence based recommendations to support the development of sound local planning policy to promote health and wellbeing in the borough.
- Develop and deliver a Healthy Weight communications plan to raise the profile of obesity and services available.
- Explore local options to deliver / influence the delivery of healthy foods education and cooking sessions.

Actions since last update;

The HWF have mapped current services and completed a gap analysis in Bromley. The next subgroup meeting will convert this information into a Healthy Weight Pathway tool to be distributed to Primary Care and Community Providers as a signposting mechanism for obese patients. The gaps identified will help shape future commissioning.

The HWF partners have also investigated how planning guidance influences the obesogenic environment and opportunities to influence local planning policy. The HWF are supporting the LBB Planning Department with developing the new draft Local Plan by providing;

1. evidence on health and wellbeing to underpin the Local Plan.
2. evidence regarding access to open space and leisure facilities on health and wellbeing outcomes to underpin the Local Plan.
3. an evidenced based report on fast food outlets in Bromley. Including; evidence of relationship between fast food outlet availability and obesity, updated prevalence mapping of local fast food outlets, policy approaches used in other London boroughs in managing the growth of fast food outlets and guidance on recommendations for halting the continued rise in obesity.

Next steps;

HWB to note the work of the obesity subgroup.